

# WEEKLY MENU

## MONDAY

CHILLI CON CARNE

165kcal per serving

Allergens: mustard

OR

THREE BEAN CHILLI

135kcal per serving

Allergens: none

SERVED WITH RICE, TORTILLAS,  
JALAPENOS & SALAD

## TUESDAY

SOUTHERN FRIED

CHICKEN BURGER

220kcal per serving

Allergens: celery, wheat

OR

VEGETARIAN BURGER

212kcal per serving

Allergens: wheat

SERVED WITH CHIPS, TOMATOES,  
LETTUCE & BURGER SAUCE

## WEDNESDAY

LAMB KOFTA

Allergens: wheat

180kcal per serving

OR

GIANT SPRING ROLL

169kcal per serving

Allergens: wheat, soya, sesame

SERVED WITH  
COMPOSITE SALADS

## THURSDAY

HOISIN CHICKEN

177kcal per serving

Allergens: wheat

OR

MISO AUBERGINE

145kcal per serving

Allergens: soya

SERVED WITH  
COMPOSITE SALADS

## COLD FOOD COUNTER

GRAB & GO

Selection of Sandwiches  
and Panini

Gluten free & vegan options  
available on request.

Please help yourself to one  
soft drink or bottle of water  
as part of the lunchtime offer.



Do let us know if you have any allergy or dietary requirement so we can cater specially for you.